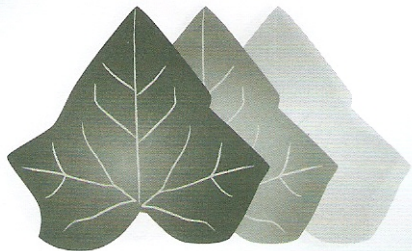




Helix®

Herbal Cough Syrup Dried Ivy Leaf Extract



**Cough-relieving
Mucolytic
Spasmolytic**

- Sugar free
- Alcohol free
- No colourings

Cherry flavour

Composition:

Dried ivy leaf extract

Excipients: Sorbitol, potassium sorbate, citric acid, xanthan gum, cherry flavour and purified water.

Properties:

Helix® Syrup is a natural product. It is free from alcohol, sugar and colourings and has the pleasant taste of cherry. Therefore, it is particularly suitable for children, but at the same time it is also an effective medicine for adults for fighting against the complaints of bronchial illnesses.

Helix® Cough Syrup:

Helix® liquefies mucus, relaxes convulsive cough and calms coughing. In this way, **Helix®** combats the typical complaints of bronchitis: Increased formation of viscous mucus, shortness of breath and irritation of the throat. Painful coughing is calmed, but not blocked, which is important for being able to cough up the mucus and thereby allow for trouble-free deep breathing.

Indications:

- Acute catarrh (inflammation) of the respiratory tract accompanied by coughing.
- Symptomatic treatment of chronic inflammatory bronchial diseases.

Dosage and administration:

Age of patient	Daily dose
Infants (< 1 yr) and small children (1-5 yrs)	2.5 ml (3 times daily)
School children (6-9 yrs) and adolescents (> 10 yrs)	5 ml (3 times daily)
Adults	5-7.5 ml (3 times daily)

Treatment should last for at least one week even in minor inflammations of the respiratory tract. Treatment with **Helix®** should be maintained for 2-3 days after symptoms have subsided, in order to ensure lasting success of therapy.

Contraindications:

Hypersensitivity to ivy leaf extract or any component of this product.

Drug interactions:

This preparation can be combined safely with other medicines, such as antibiotics.

Precautions:

- In the event of fructose intolerance, treatment should be carried out only after consultation with a doctor.
- **Pregnancy and breast-feeding:** Medicines should generally be taken during pregnancy and breast-feeding only after having previously consulted a doctor.
- In the event of persistent complaints or the appearance of shortness of breath, fever as well as purulent or bloody expectoration, a doctor should be consulted immediately.

Adverse reactions:

In rare cases, ivy leaf extract syrup may have a laxative effect due to the presence of sorbitol in the product.

Information for the patient:

Shake well before use.

Presentations:

Helix® Syrup: Each 10 ml contains 100 mg dried ivy leaf extract (5-7.5:1), standardized to contain at least 10% Hederacoside-C in bottles of 100, 125 and 150 ml.

*Some presentations may not be available in certain countries.

Special note:

Helix® Syrup contains a plant extract as active ingredient and its colour can therefore occasionally vary, like all preparations made from natural ingredients. This, however, does not affect the therapeutic effectiveness of the preparation.

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